

THE JUNGLE

anza | morocco

BREAKFAST UNTIL 11:30

Ftor Moroccan | 65 Dh

Bread, omelet, (Olive oil, jam, fresh cheese, amloul, black olives), crepes, orange juice | hot drink.

TOASTS

1 SLIDE | 40 DH

2 Slide | 70 DH

JUNGLE TOAST (VG)

2 Slices of rye bread, guacamole, mesclun, 1poached egg, cherry tomato, pico de gallo, onion pickle, radish, pesto sauce



MOROCCAN AMELOUL (V)

2 Slices of rye bread, vegan cheese, roasted almond, banana, seasonal fruits, homemade ameloul.

CHICKEN WITH PESTO

2 Slices of rye bread, chicken breast, mesclun, pesto, chive oil, onion pickles.

AVO TOAST (VG)

2 Slices of rye bread, avocado slices, 1 poached egg, vegan cheese, cherry tomato.

HOMEMADE GLUTEN FREE WAFFLE | 15 DH

OMELETTES

BERBER & PARMIGIANO | 45 DH (VG)

Tomato, veggies, eggs, parmigiano.

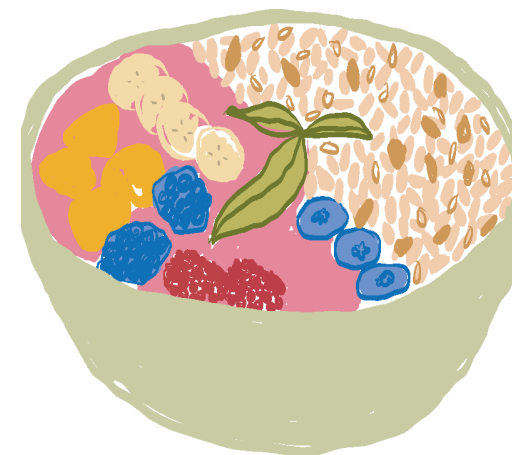
SPANISH | 45 DH (VG)

Potatoe, sweet onion, eggs.

FRUIT BOWLS | 70 DH

GRANOLA BOWL (VG)

Granola, yogurt, seasonal fruits.



CHOCOVICIO (V)

Smoothie Bowl. Banana, cacao, dates, vanilla, veggie milk, homemade granola, seasonal fruits.

PINK FLOYD (V)

Smoothie Bowl. Banana, berries, strawberry, veggie milk, homemade granola, seasonal fruits.

MANGO TREE (V)

Smoothie Bowl. Banana, mango, veggie milk, homemade granola, seasonal fruits.

SMOOTHIES | 60 DH

GREEN DREAM (V)

Pineapple, spinach, kale, celery, avocado, veggie milk.

ROCKY BALBOA (V)

Blueberries, banana, peanut butter, spinach, veggie milk.



CHOCOLOVER (V)

Banana, coconut, almond, cashew, cacao, veggie milk, dates, bee pollen.

LOVE THE BERRY (V)

Berries, banana, beetroot, veggie milk.

LOVE THE BANANA (V)

Banana, almond, cashew, cinnamon, veggie milk, homemade granola.

WANT TO SPLIT? | 70 DH

Divide any smoothie into 2 glasses.

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START WITH

GAZPACHO | 40 DH (V)

Tomato, pepper, roasted garlic, olive oil, roasted bread.



CEVICHE | 70 DH

Marinated local fish, apple, onion, ginger, coriander, green lemon, dry tomato, dry olives.

HUMMUS & DIPS | 60 DH (V)

Raw dips and marinated nachos.

GUACAMOLE & DIPS | 60 DH (V)

Raw dips and marinated nachos.

CHICKEN PASTILLA | 70 DH

Brie pasta, almond, chicken, eggs, cinnamon, honey.

VEGGIE PASTILLA | 70 DH (V)

Brie pasta, veggies, rice noodles



SALADES

JUNGLE POKE | 115 DH

Rice, marinated local fish, avocado, roasted cherry tomatoes, almond preparation, wakame, onion pickles, pickles, carrot, salad.

BOWL WITH QUINOA | 95 Dh (VG)

Lentils, quinoa, raisins, almond preparation, peas, salty ameloul, roasted garlic, poached eggs, carrot, salad.

CHICKPEAS | 100 Dh (VG)

Rice, chickpeas, hummus, mushrooms, dry tomato, almond, tahini, roasted garlic, carrot, pesto, radish, poached eggs.

CHOOSE YOUR TOPPINGS

Crunchy chickpeas

Sweet Potato

Slow-cooked chicken +10 DH



TACOS & OTHERS

VEGAN TACOS | 80 DH (V)

Beetroot & chickpeas hummus, onion, carrot, coriander, dry tomatoes.

LAMB TACOS | 95 DH

Lamb, onion, homemade cheese cream, coriander, dry tomatoes, roquette, sweet potatoes.

FISH TACOS | 95 DH

Blue Fish, onion, tomato mayonnaise, guacamole, salad, dry tomatoes.

QUESADILLA | 90 DH

Chicken, cheese, mushrooms, guacamole.



BURGUERS

BEEF BURGER | 105 DH

160gr beef burger, guacamole, onion, mustard mayonnaise, homemade cheese cream, grille smoked turkey.

BLUE FISH BURGER | 95 DH

Blue fish steak, onion, tomato mayonnaise, guacamole, salad, dry tomatoes.

VEGAN BURGER | 90 DH (V)

Homemade patty, beetroot hummus, roasted onion, roquette, tomato mayo, dry tomatoes.

HOMEMADE GLUTEN FREE

WAFFLE | 15 DH

RICE

GAMBA BOWL | 105 DH

Gambas, tomatoe, homemade emulsion.

CUBAN RICE | 90 DH

Rice, eggs, homemade tomato sauce, grilled banana, chicken slices.

Ask vegetarian option.

Allergens | May contain traces of nuts and gluten

V: Vegan. VG: Vegetarian

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PINSAS

Similar to Focaccia with rice, wheat and chickpeas flour, natural yeast and 72 hours of fermentation. Ask for Vegan Option.



MARGARITA | 70 DH (VG)

Homemade tomato sauce, mozzarella, organ.

VEGGIES | 85 DH (VG)

Homemade tomato sauce, mozzarella and grilled veggies.

AVOCADO | 95 DH (VG)

Homemade tomato sauce, mozzarella, avocado, dry tomato, cherries.

4 CHEESE + PESTO | 105 DH (VG)

Homemade tomato sauce, mozzarella, creamy, blue, goat cheese, cherries, pesto.

OCEAN

OCTOPUS | 125 DH



Octopus, couscous, pico de gallo, salty ameloul.

CALAMAR | 135 DH

Calamar, couscous, pico de gallo, salty ameloul.

Ask Gluten Free Option with rice.

KIDS

BEEF BURGUER | 60 DH

Small Burger, baked potatoes and homemade ketchup.

Add Orange Juice - 20 DH

POTATO PLATE | 25 DH (V)

Baked potatoes and homemade ketchup.



DESERT

CARROT CAKE | 55 DH

BROWNIE | 60 DH

BAKED CHEESE CAKE | 70 DH

BANANA BREAD | 55 DH

COFFEE

EXPRESSO | 20 Dh

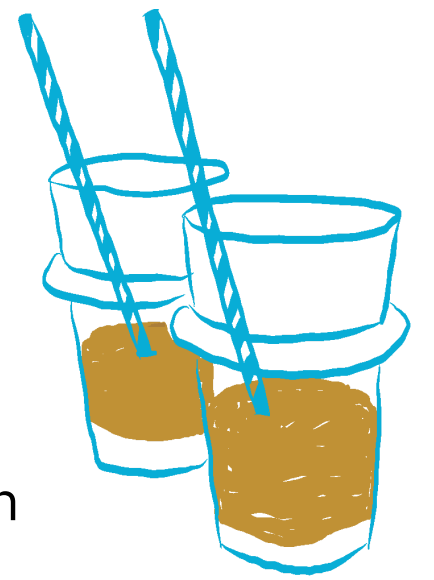
AMERICANO | 20 Dh

LATTE | 25 Dh

CAPUCHINO | 25 Dh

NUS-NUS | 25 Dh

ICE COFFEE | 30 Dh



Ask for Veggie milk - 10 Dh

HEALING DRINKS

TUMERIC LATTE | 25 DH

TUMERIC LATTE ICE | 35 DH

MATCHA LATTE | 25 DH

MATCHA LATTE ICE | 35 DH

LOCAL HERBS INFUSION | 20 DH

MOROCCAN MINT TEA | 25 DH

JUICES | 450ml

ORANGE | 30 DH

VIT BOOSTER | 45 DH

Lemon, ginger, orange

DETOX | 45 DH

Orange, Pineapple, turmeric, mint)

MOCKTAILS | 45 DH

JUNGLE

(Pineapple, lemon, mango & dill syrup)

RED KISS

(Pineapple, lemon, berries & hibiscus)

LOVERDOSE

(Pineapple, lemon, ginger & geranium)

WATER | GLASS BOTTLE

SPARKLING 25cl | 25 DH

SIDI ALI 75cl | 30 DH

Allergens | May contain traces of nuts and gluten

V: Vegan. VG: Vegetarian